





The following are guidelines to help you and the fish!

- Always de-barb or use barbless hooks when fishing catch & release.
- Leave the fish in the water. Don't lift the fish onto the bank or into the boat.
- Wet your hands before touching the fish and removing the hook.
- Use of an unhooking tool means less handling and stress on the fish.
- Once unhooked hold the fish in the water until it recovers enough to swim away.
- If the fish has fought very hard and is exhausted leave it in the net for a few minutes and then release as above. (Make sure the net and fish is well under the water).
- Never attempt to spoon a live fish.

If the fish are feeding well and you are fortunate enough to catch and release several fish allow another angler to try the spot. Catching fish after fish from the same place using the same flies and method is no great test of skill.

Moving to another place and or trying a different method will benefit you, other fishermen and the fish. When pike fishing, lay the fish carefully on an unhooking mat to remove hooks. Always use a weigh sling to weigh your fish – never suspend the fish by the gills.

Catching and releasing fish at certain times and in certain conditions will almost certainly result in a high mortality of fish. The Company have decided that catch and release in competitions will only be allowed if there is a non-fishing boatman in the boat. All other competitions will be fished to a limit bag. The Company also reserve the right to stop catch and release at any time during the season.